YEAR 7 INTO 8
INFORMATION NIGHTS

4th and 5th September 2012
7.00pm
Performing Arts Centre

For further information, please ring Geraldine Glazier on 4773 8123.

BRIDGE BUILDING SUCCESS

Jake, Bradley and Jack with their winning cheque

Kirwan High Year 8 students Jack Nosworthy, Bradley Radford and Jake Milligan are to be congratulated on their success in the Aurecon North Queensland Bridge Building Competition.

The boys won $1000 for their school and $100 each for building a bridge from balsa-wood which held 31 kilos. The boys took two and a half days to design and build their prize winning entry.

All boys are in Kirwan High’s Top Scholar Sports Excellence class. Both Jack and Bradley want to be architects when they leave school. Jake wants to join the Army.

Kirwan High Executive Principal said the boys’ success highlights the diversity of opportunities at Kirwan High. Students like Kirwan because of the choices they get and the friendly atmosphere.
SCARTWATER EDUCATION TRUST
SCARTWATER AND CUNNINGHAM SCHOLARSHIPS
2013

The Board Members of the Scartwater Trust area are pleased to advise that once again applications are sought for both Scartwater and Cunningham Scholarships for 2013.

For a great many years the eligibility criteria was fairly restrictive in that the “Returned Servicemen and Women” had to have resided in or enlisted from the defined Scartwater Area immediately prior to enlistment. This has been amended to also include those Returned Servicemen and Women who have permanently resided in the Scartwater Area for not less than 15 years.

There are many veterans, from all theatres of operations, who may now become eligible under the amended criteria.

1. “Scholarships are awarded to assist children and grandchildren of eligible returned Servicemen and Women who had overseas active service with the Australian Defence Forces in all theatres and who enlisted from or who resided in the defined Scartwater Area immediately prior to enlistment and in addition, those Returned Servicemen and Women who now permanently reside within the Scartwater Area and have done so for no less than 15 years.”

The Scartwater Area, broadly defined, runs from Proserpine to Innisfail and back to the Western border.

The Scartwater Scholarship will be awarded upon the results obtained in Year 10 and is designed to assist a student to continue full time studies through Years 11 and 12. The allowance presently payable under the scholarship is $1000.00 per annum.

The Cunningham Scholarship will be awarded upon the results obtained in Years 11 and 12 and are designed to enable a student to undertake full time studies in an approved Tertiary course at an approved University. The allowance presently payable under the Scholarship is $2000.00 per annum.

Applications must be forwarded to the Secretary by the 30th November at the address below.

Secretary
Scartwater Trust
PO Box 510
Winton Qld 4735
Telephone (07) 4657 3871
Mobile 0428 334 720 (Please leave message if not answered)
Email geoffw1@bigpond.com

Further inquiries and copies of the application can be made at the Townsville RSL Inc. on 4759 9511 or to geoffw1@bigpond.com.

SCHOLARSHIPS FOR FEMALE STUDENTS GRADUATING FROM YEAR 12 AND WHO ARE PLANNING ON STUDYING AT A QUEENSLAND UNIVERSITY AND WHO ARE QUEENSLAND CITIZENS

You may have heard about an exciting new opportunity for Queensland women, the Queensland Government’s Supporting Women Scholarships Program. This program will provide financial support to assist women to take up study and employment in male-dominated fields in skill shortage areas such as architecture, building services, engineering, agricultural science and geology. The program will benefit women at all stages of their careers including young women starting their career, women re-entering the workforce and women changing careers.

Scholarships are open to women who are applying to study in one of the designated fields at a Queensland University or registered training organisation. Scholarships are available from Certificate IV through to graduate level.

For more information about the program, including how to apply and fields and level of study in which scholarships are available, please visit the Skills Queensland website (www.skills.qld.gov.au/supportingwomen).
Kirwan Music Support Group Update

CABARET NIGHT
The Music Department held its annual Cabaret Night on Friday 17th August to a packed out Performing Arts Centre and once again we were treated to amazingly talented performances from our instrumental, vocal, dance and drama students.

Thank you to everyone for their patience whilst we organised last minute seating to accommodate the larger than expected turnout. It is fantastic to see so many family and friends turn out to watch the students perform.

A special thank you to Renee Austin and the students from the Hospitality Department who catered the event and ran the bar on the night. They all did a marvellous job and the Music Department and Music Support Group look forward to working together again soon. Cabaret Night was, once again, a great success with both students, teachers, family and friends enjoying all the entertainment.

The Music Support Group would like to thank the following businesses for their generous support of donations for Cabaret night.

- NQOMT
- Tom’s Tavern
- Flash and Flair
- Cowboys Rugby League Club
- Townsville McDonald’s Crocodiles
- and Entertainment Books
  for donating vouchers for Café Bambini, Millie J and Co, Benny’s Hot Wok and Australian Car Detailing

Their generous support is greatly appreciated so please support them as they support us.

Thank you to everyone who assisted the Music Support Group on the evening, cooking sausages, serving at the sizzle, loading drinks, selling raffle tickets, working at the door and assisting with the clean-up. Thank you to Rob Lepper and Holcims for the use of the BBQ. Your help and assistance is greatly appreciated by the Music Support Group and allows us to continue to help raise funds for the Music Department.

FUNDRAISER—2012/2013 Entertainment Books—Last chance to purchase an Entertainment book, the fundraiser will close on 31st August 2012.

The Music Support Group is still selling the Entertainment Books as a fundraiser for the Kirwan High Music Program.

The Entertainment books are full of vouchers and discounts on a wide range of businesses across Townsville, south to Proserpine and north to Port Douglas. The businesses cover—restaurants, takeaways, cafes, bistros, sporting events, arts and attractions, retail outlets and services, shopping, travel and leisure, hotels and resorts. The books cost $50 each and the book pays for itself in only a couple of uses (Music Support Group receives $10 from each book sold). Copies of the book can be viewed online at www.entertainmentbook.com.au.

If you would like to order an entertainment book please email the Music Support Group on kirwanmsg@hotmail.com. Delivery is within a couple of days.

MUSIC SUPPORT GROUP—CONCERT SHIRTS
Students who are no longer involved in the Music Program at Kirwan State High School and still have a Concert Shirt are reminded to return their shirt to Mr Hosking at the Music Block. Once the shirt is returned, the Music Support Group will post a cheque for the $40 bond refund, if applicable.

NEXT MUSIC SUPPORT MEETING—THURSDAY 20TH SEPTEMBER, 7.00PM IN MUSIC ROOM MU02. EVERYONE WELCOME.
HEALTH MATTERS

Increase your motivation

Andrew Fuller states that more students find it harder to remain motivated in 3rd term than in any other. So this is the time to give yourself a mid-year tune-up and rev up.

The most important thing to know is that not feeling motivated hasn’t really got much to do with feeling anxious and worried.

In fact motivation has more to do with overcoming your fears than anything else. Sometimes we don’t try because we are scared of failing.

Some self-motivation techniques are:

♦ Set small goals – for each subject at school set a small goal each week.
♦ Get organised – get yourself up to date. If you have fallen behind in any subject, have a working bee catch up. Write a revision summary for the subject topic by topic. If your study area is a mess – clean it up.
♦ Start believing in yourself – most people who feel unmotivated think everybody knows more, is smarter and has more brains. Believe in yourself – it is highly likely that you are more intelligent than you realise.
♦ Build on your strengths – success in life is about doing more of what you are good at. When you focus on the things you find more enjoyable and interesting at school, even the things you find harder become easier.
♦ Use your time in school well – if you can focus and listen well while at school you can save yourself endless hours. This is valuable time saved that you use for seeing friends and doing other things.
♦ Be honest with yourself – if you feel unmotivated you may have done anything to avoid doing the study time. The world is full of excuses! You have to be tough on yourself to do the work before watching a movie or chatting on Facebook. Also be honest enough to realise watching a DVD and messaging while you work is not studying. Have some study time sitting at a desk with no electronic distractions on.

It is up to you. You need to have a go at changing your lack of motivation because then you get to enjoy and achieve in your life. Believe in yourself, don’t let your fears or what other people think stop you.

It’s up to you.

Ref: Andrew Fuller – www.andrewfuller.com.au

The Benefits of Being Respectful

Definition: Respect
- to feel or show honour or esteem for; hold in high regard.
- to consider or treat with deference or dutiful regard

Ultimately, respect is a personal choice we make about how we will present ourselves to the world.

Some benefits of being respectful include:

* You become more confident in yourself and around others because you are growing into a better person.
* You reduce the possibility of conflict because many people become angry or upset when they feel they are not being treated with respect.
* You will be known as a nice person.
* You will find making friends easier.
* People are more likely to remember you for all the right reasons.
* You are less likely to have people say nasty things about you behind your back.
* You will have a good reputation among people who are most important to you in your life.
* People around you will be happier and more relaxed.
* You never know when, where or in what circumstances you will meet this person again.

It costs nothing to smile and treat people with respect.

Stay healthy,
Debbie
School Based Health Nurse
YOUR TEENAGER AND ALCOHOL
STRATEGIES TO PREVENT ADOLESCENT
ALCOHOL-RELATED HARM
FREE Session with UQ psychologists doing research in this area

TEENAGE DRINKING: An important issue for all parents
- Drinking is common among teenagers
- Risky situations are almost inevitable
- Plan now to protect your teenager

PROJECT SHIELD: What is it?
A chance for parents to consider and plan for future alcohol related risks.

Teen Alcohol Fact 1
- More than a quarter of teenagers drink at risky levels.

Teen Alcohol Fact 2
- Girls engage in heavy drinking more than boys.

Teen Alcohol Fact 3
- Drinking alcohol can be a gateway to other drug use.

Teen Alcohol Fact 4
- Parents have a crucial impact on teenage alcohol use.

WHAT DOES PROJECT SHIELD INVOLVE?
- An initial call to check that Project Shield is right for you.
- A 1 hour confidential session with a registered psychologist.
- We will provide you with information developed for parents regarding alcohol and drugs.

WHERE ARE THE SESSIONS?
- We can come to visit you, you can come to visit us or we can do a phone consultation.

WHO IS PROJECT SHIELD FOR?
- Parents of 13—16 year olds.
- Not suited for teens with established alcohol problems.

Project SHIELD is funded by the National Health and Medical Research Council and has clearance from the UQ Research Ethics Committee.

If you would like more information, please contact Dayna Smith by phone: 1800 302 234 or 07 3346 4833 or email: projectshield@uq.edu.au.

From the Roll's Office

Student absences are to be explained by a parent/caregiver to one of the Rolls Officers (Karen Conner, Renee Curley). This may be done by phoning the school on 4773 8108 or 4773 8105 or by emailing absences@kirwanshs.eq.edu.au. Student absences of two or more days due to illness require a medical certificate. Medical Certificates should be emailed to the above email address or hand delivered to the Rolls Office. Your prompt assistance with explanation of absences will be greatly appreciated.

INTERESTED IN BEING AN EXCHANGE STUDENT?

EF are offering partial scholarships to students who apply for a semester or full year program departing in January 2013. Countries include USA, France, Ireland, UK, Germany, Costa Rica and Canada. Students must apply for their program of choice by August 31st 2012 to be eligible for the scholarship. Go to www.ef.com/highschool
Fatherhood Success Seminar
Seven Secrets for Success

Thursday 6 September 2012, 6pm – 9pm
This two hour seminar for fathers, keen to embark on the journey of fathering excellence, is usually preceded by a one hour BBQ from 6pm – 7pm for men to hang out and enjoy each other’s company in readiness for the seminar.

Venue: Willows State School
Cnr Bilberry St & Sandstone Drive
Kirwan Townsville QLD

Price: $25 per dad includes BBQ & Seminar Bookings & RSVP: 4 September 2012
http://www.trybooking.com/BTTT
Enquiries: Ken Crowther
Ph: 0429 592 392
Email: kenny1203@live.com.au

Improve your relationship with your children
Develop yourself as a father
Learn the art of leadership
Discover the power of fun
Achieve your goals as a Dad
Understand the importance of fathers
Build spiritual foundations for your family

Warwick Marsh, the presenter of the fatherhood success seminar has been married to Allison since 1975. They have five children and three grandchildren. Together they founded the Dads4Kids Fatherhood Foundation in 2002 with a goal to encourage excellence in fathering and in 2004 established the National Marriage Coalition to support and strengthen Australian marriages.

Warwick is also the founder of Australian Heart Ministries and is the convener for the National Prayer Council and active on the board of several other community based charities. Warwick’s background is in the building construction industry but for the last two decades has been serving in the community.

Warwick is a public speaker, writer, minister, musician and TV producer. In 1998 Warwick received the Polite Fatherhood of the Year Award and in 2001 was awarded a Centenary medal by the Governor General for service to musical leadership for youth and the Aboriginal community, both in Australia and his missions work overseas.

Dads4Kids
www.fatherhood.org.au
SCHOOL CALENDAR OF EVENTS

Term 3
04-05/09/12 QCS Test
4-5/09/12 Year 7 into 8 Information Nights—7.00pm—Performing Arts Centre
11/09/12 Parents and Citizens’ Association meeting
17-21/09/12 Year 10 Work Experience
22/09-07/10 School Holidays
01/10/12 Queen’s Birthday Holiday

Term 4
09/10/12 Parents and Citizens’ Association meeting
11-14/10/12 Queensland All Schools Touch Football
22/10/12 Ministerial Pupil Free Day
22/10/12 Sports Awards Night
24/10/12 Vocational Education Awards Night
31/10/12 Graduation and Awards Night
02/11/12 Rugby League Awards and Reunion
13/11/12 Parents and Citizens’ Association meeting
15-16/11/12 Immunisations—Year 8 (HPV & HEP B)
17/11/12 Year 12 Formal
26-29/11/12 QCS workshops and practice for Year 11
13/12/12 Year 8 and 9 Awards morning

YEAR 12 COMPLETION DATE
For 2012 - 16 November

YEARS 10/11 COMPLETION DATE
For 2012 - 30 November

YEARS 8 and 9 COMPLETION DATE
For 2012 - 14 December

2013 UQ SPORTING SCHOLARSHIP APPLICATIONS NOW OPEN!

The University of Queensland (UQ) and UQ Sport, in partnership with the Alumni Friends of The University of Queensland and The Clem Jones Group, are pleased to offer sporting scholarships to outstanding athletes enrolled at UQ each year.

Scholarship holder benefits include:

⇒ Financial assistance
⇒ Free access to UQ sporting facilities
⇒ Academic support
⇒ Free education programs
⇒ Access to high performance support services
⇒ Access to the athlete’s lounge

In 2013 the following scholarships are on offer:

♦ UQ Sports Achievement Scholarships: $6000 for one year plus support services valued at $1500;
♦ Clem Jones Sporting Scholarships $6000 plus support services valued at $1500 per year for three years;
♦ UQ Sport Scholarship Ambassador Program: Support Services to the value of $1500 for one year.

Brenden Hall—Clem Jones Sporting Scholarship Holder
London 2012 Paralympian Swimmer

"I am currently in my second year at U! and have just had the honour of receiving a Clem Jones Sporting Scholarship. The scholarship is allowing me to fulfill my heavy schedule of training commitments and the ability to focus on my studies. It’s great that I have access to the pool and gym. This reduces my travel time and makes it easier to pursue my studies and keep my elite athlete status. I am incredibly grateful for this honour and would like to thank UQ for this opportunity."

Apply Now!
Application forms, further eligibility requirements and information may be found in the scholarship section of the UQ Sport website — www.uqsport.com.au.

ALL APPLICATIONS CLOSE 5.00PM 31ST OCTOBER 2012.

Year 12 QTAC applications

Year 12s wanting to go to university have to apply on line to QTAC. Applications open 1 August and close 28 September. All Year 12s will have appointments with a Guidance Officer to discuss either their Tertiary preferences or post school options. To apply online to QTAC students must visit: www.qtac.edu.au and they will need a LUI number, Pin Number and $34.

PARENTS AND CITIZENS’ ASSOCIATION

The Parents and Citizens’ Association meetings are held on the second Tuesday of every month commencing at 7.30pm in the school Library. Meetings for 2012 are:

Tuesday 11th September
Tuesday 9th October
Tuesday 13th November

YEAR 12 COMPLETION DATE
For 2012 - 16 November

YEARS 10/11 COMPLETION DATE
For 2012 - 30 November

YEARS 8 and 9 COMPLETION DATE
For 2012 - 14 December