School show has impressive expertise

With nothing much to do on Saturday night my wife and I decided to take a look at Kirwan State High School’s musical comedy, All Shook Up at the Civic Theatre. We’re regular theatre goers, but it was the first time we had attended a high school show, so we didn’t know what to expect.

What we got was a wonderful theatre experience—up there with anything the Townsville Choral Society or North Queensland Opera and Theatre Company has presented. It is impossible to single out cast members for mention because every one of the scores of young people involved did an amazing job, right from the chorus, to the leads, and the band.

The set changes were slick, the music was tight, the singing was great, the dancing was first class, and the acting was extraordinary for students so young and inexperienced. Full marks to everyone involved, especially producer Andrew Higgins. How he got so many teenagers to do what they did together was impressive. And no, we don’t have any association at all with the school.

DOUG KINGSTON
South Townsville
Kirwan High Indigenous Captains Jo Hourigan-Scammell and Christopher Nai accepted a National honour on behalf of Kirwan High from the Hon Peter Garrett, Minister for School Education, Early Childhood and Youth in Canberra recently.

Kirwan High was recognized for its outstanding leadership in the area of Indigenous Education.

Dare to Lead National Project Coordinator Peter O’Beirne paid tribute to the winning schools. “Again this year, we see the successes evident in schools which take a strategic approach to improving outcomes for their Aboriginal and Torres Strait Islander students,” Mr O’Beirne said. “The High Achievement recipients in particular demonstrate the importance of taking stock, the strength in building a team, and the value in being systematic when taking steps forward. This has always been one of the underlying messages in the Dare to Lead ethos, and this year’s recipients have shown how it works to improve outcomes.”

Kirwan High has more than 400 Aboriginal and Torres Strait Islander students. Executive Principal John Livingston said the school was very proud of their achievements.

PARENTS AND CITIZENS’ ASSOCIATION

MEETING

Tuesday 12 June
School Library
Commencing at 7.30PM
All Welcome

CONGRATULATIONS to

♦ Jonathan Ban, Madison Bennett, Jake Doran, Joey Doran, Michael Henderson, Joshua Shanks and Christine Weber who competed at the ANQ Student Games and All Comers Championships recently. These students collected eight Gold medals, eleven Silver medals and ten Bronze medals.

♦ Laken Currey (Year 8), Jarrad Figg (Year 10), Joseph Newsham Year 9, Christine Weber Year 12 and Taylor Wilcoxson Year 8 who have been selected in the North Queensland Cross Country team.

♦ Kurt Hennig who was awarded a Defence Technical Scholarship.

♦ Rebecca Church and Carlie Pearce who were selected in the Queensland U19 Schoolgirls Hockey team.

♦ Natarlia Smith who was named as a shadow in the Queensland U16 Schoolgirls Hockey team.

PLEASE NOTE
Term 3 commences on Monday 9th July

PARENTS AND CITIZENS’ ASSOCIATION

The Parents and Citizens’ Association meetings are held on the second Tuesday of every month commencing at 7.30pm in the school Library. Meetings for 2012 are:

Tuesday 12th June
Tuesday 10th July
Tuesday 14th August
Tuesday 11th September
Tuesday 9th October
Tuesday 13th November
Medallions are available to students with a deployed member. If you are interested please contact WO Kim Loadsman 4411 1741.

**Deployment program** for all students with a deployed parent or carer. Next meeting is Wednesday 13 June Period 1 in the Learning Support Centre.

**Photography Challenge** – This month’s entries close on 10 June. Be sure to submit entry to my office. If you are not registered **IT IS NOT TOO LATE**. Come see me in my office. Theme this month is ‘Black and White people photograph’.

**Defence Students Gossip Group** – Catch up with other ADF students whilst we make muffins and eat them while they are warm. Learning Support Centre on Friday 15 June Period 2.

**Australian Defence Force Recruitment Seminar** - We held an ADF Recruitment Information Presentation recently and it was extremely informative and created a large amount of interest in the students. Students were not aware of the many career options available and the requirements. A lot of students missed out and wanted to go. I am organising another Presentation for next Term. This will be available to all students and their parents are invited to attend. Please come and see me for details. I will also advertise in Newsletter when date confirmed.

**Homework Club** – After school on Tuesdays and Thursdays. Meet in my office in the Student Support Centre

Until next time, take care and best regards

Lisa Hill
SCHOOL DENTAL SERVICE

The School Dental Service is now offering a general course of dental care every 2 years to Year 8, 9 and 10 secondary school students.

To make an appointment students and parents must phone:
The Wulguru School Dental Clinic
Phone 4778 2360 Monday to Friday

The Wulguru School Dental Clinic is located in Haldane Street, Wulguru.

Requirements for treatment include:
⇒ Students should be accompanied by a Parent/Guardian to the initial appointment so that consent medical history can be completed.
⇒ Parents are to notify their child’s school of all dental appointments during school hours.
⇒ If your child is unable to attend their dental appointment, please phone the clinic prior to appointment to reschedule.
⇒ If your child is in possession of a Teen Dental Voucher, please bring this to your first appointment.

THANK YOU FROM CHAPPY EV

I would like to say a very big THANK YOU to my wonderful community for all your support you gave me in Chappy Week recently.

A huge THANK YOU to all the amazing staff and students who freely gave up their time to help me set up, cook, sell and assist with running activities.

I am indeed blessed to be in a such supportive and giving community.

I will need to continue to fundraise to keep well resourced and provide an adequate and purposeful service for my community.

You are still able to contribute to the Chaplaincy Service all year if you are in a position to do so. I do appreciate any financial support that does come through.

Once again THANK YOU Kirwan State High School community for making me feel like I belong through all your support.

Kind regards,
Ev
Kirwan State High School Chaplain.

Every day counts

The holidays are fast approaching. While it may be tempting to let your child stay home for the last day, or even the last week of term, our school would prefer to see every child on every day of every term. We strongly believe children need to attend school every day to receive the most benefits from their education. Did you realise that skipping the last day of every term adds up to more than a whole term of schooling missed throughout a child’s education? Skipping a whole week of school each term means your child will miss more than 15 months of their education!

For further information on the importance of regular school attendance, please visit www.education.qld.gov.au/everydaycounts/posters.html

YEAR 12 UNI EXPERIENCE

On Thursday 12 July Year 12 students will have the opportunity to experience Uni for the day at James Cook University. Students need to collect a permission slip from Guidance Officer Vicki James. Students wear ‘appropriate’ free dress and closed in shoes. Students find their own way to and from James Cook University. James Cook University provides lunch for students. The day commences at 9.00am and finishes at 2.30pm. For more information see Vicki James in the Administration Block.
Health Matters

“There’s so much happening. I don’t know what to do.”

Statistics show that about half of all young people feel stressed at any one time. With the year nearly half over, it is important to recognise and understand how stress can affect you.

Some stress is a normal part of life. In small amounts it gives us the energy to get up and go. It can help with exams, getting a job, playing sport and getting to know someone. It also helps us to take action in unpleasant situations.

But too much stress can get you down. Warning signs of too much stress can include:

⇒ Having trouble concentrating or getting things done
⇒ Being a bit up and down
⇒ Tiring easily
⇒ Trouble getting to sleep or staying asleep
⇒ Uptight, can’t relax
⇒ Feeling sweaty
⇒ Racing heart
⇒ Feeling nervous or worried
⇒ Butterflies in the stomach
⇒ Fearful of going places or doing new things

Stress becomes a problem when it goes on for too long without a break, or when you can’t decide what to do next and start spinning out. If you feel like this – call for help. There are many ways to take control. It can seem like a big step to seek help – but if it is bothering you – it is not nothing.

Need to chat – Debbie, the School based Youth Health Nurse is available – just pop into the Student Support Centre for a chat. You can also ring Kids Help Line – 1800 55 1800 – this is available 24 hours every day of the year.

Stress less
Debbie
School Based Youth Health Nurse

Education outcomes for Year 12s

Last year’s Year 12 students in Queensland achieved their strongest results yet, as outlined in this year’s Queensland Studies Authority Year 12 Report released Friday 1 June. The number of students who received a Queensland Certificate of Education, a Vocational Education Training (VET) Certificate, an International Baccalaureate Diploma or engaged in a School-based Apprenticeship or Traineeship rose one per cent to 94 per cent. The report contains a range of student and school achievement information, including a breakdown of Overall Positions and VET qualifications. This year there is also a new format, providing a broader range of information to show the diversity of achievements for last year’s Year 12 students. To view the report visit www.qsa.qld.edu.au/617.html
The school Inter-house Athletics Carnival will be held on Monday 18th June. All students are expected to participate. If students are absent on this day a written explanation should be provided to the Rolls Office or emailed to absences@kirwanshs.eq.edu.au.

Food and drinks stalls will be available for students to purchase refreshments during the day.

**REMEMBER to bring your school hat, sunscreen and water bottle.**

Dress in your house colours: COOK—blue, ELLIOT—green, LOUISA—orange and STUART—yellow.

Kirwan State High School’s Inter-school Athletics team will be selected from this carnival.
**NEW GUIDE FOR PARENTS TO PROTECT CHILDREN FROM CYBERBULLYING**

Parents concerned about how to protect their children from cyberbullying can seek advice from a new Australian Government resource published recently.

The Minister for Community Services, Julie Collins, said the ‘Parental involvement in preventing and responding to cyberbullying’ paper provides practical suggestions to parents on how to deal with both sides of the problem.

“This resource is a good framework for understanding cyberbullying and provides advice on how parents can teach their teenage children to behave responsibly online,” Ms Collins said.

“It’s important parents have information on what they can do to help their children avoid becoming victims of cyberbullying and on how to resist from bullying others.

While children may be learning about appropriate online behaviour in school, cyberbullying is more likely to occur outside of school hours.

“Parents need to play a part in monitoring and guiding their children’s online behaviour at home - that’s why the Gillard Government has funded this resource,” Ms Collins said.

The paper by the Australian Institute of Family Studies suggests, for example, that parents keep up with emerging technologies and online trends and discuss with their children what they are doing online.

“This paper adds to a comprehensive range of measures funded by the Australian Government to address the issues and challenges faced by families when they are online,” the Chair of the Joint Select Committee on Cyber-Safety, Senator Catryna Bilyk, said.

“A range of brochures, posters, interactive online games and videos are available for children, teens, parents and schools to combat cyber bullying and to keep safe online.

“These resources are available free from the Cybersmart website.

“These measures are part of the Gillard Government’s $125.8 million cybersafety plan,” Senator Bilyk said.

Resources are available at www.cybersmart.gov.au and more information on the cybersafety plan is available at: www.dbcde.gov.au/online_safety_and_security/cybersafety_plan